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**Idaho
Children's
Trust Fund**

2005 Annual Report





Message from the Chair

2005 was another eventful year for the ICTF Board, and therefore even more eventful for Nancy and Margaret who are both learning that it is their main function to keep the rest of us on task. All of us feel honored and fortunate to work on a board of such quality and expertise. We truly enjoy each other as well as the work!

This last year we said farewell to Ed Van Dusen who was our guru and in many ways the father of the ICTF. Ed retired from IDHW and has gone on to do the many fun things we all save up for our post-salaried life. We have already recalled Ed to serve as a consultant on a couple of projects. Jim Rehder resigned from the Board to devote his time to his duties as a County Commissioner; and Al Sanchez's term expired this year. The rest of us are poorer for their departure, but we are also grateful for the expertise they have shared and the friendship they have given us.

Mickey Harmer now represents IDHW on the Board. Mickey brings a long history of service to children in Idaho and a comprehensive knowledge of issues in our state. Robin Sanchez has joined the board to replace her husband. Robin is an executive social worker with Casey Family Services in Boise and has a wide background in child abuse and neglect prevention work. Janet Goodliffe joined the Board to represent Region 7. Janet works with the Madison School District and has expertise in all areas of grant management. Mary Marshall, the Director of South Central Head Start in Twin Falls has joined the board to represent Region V. She brings a wealth of experience from the early childhood education field. These women are welcomed enthusiastically.

One of the Board's major projects this year has been the inception of the Idaho Children's Trust Fund "Board Award" for Child Abuse Prevention to replace the Super Hero Award. We seek to reward programs that display new and replicable approaches to the prevention of child abuse and neglect. We hope to discover good practices and see them copied throughout Idaho.

This year the ICTF made a strong ongoing commitment to preventing child sexual abuse and to educating Idaho's citizens on what they can do to prevent abuse from ever occurring. ICTF sponsors the "Stewards of Children" training throughout the state. This innovative training teaches how to recognize the grooming patterns of abusers and what each of us can do to prevent child sexual abuse.

The ICTF Board continues to be grateful for the contributions of so many people toward the prevention of child abuse and neglect among Idaho's children. Please remember to donate through the "check-off" on your tax return.

R. Monte MacConnell
Board Chair

Recent research conducted by Prevent Child Abuse America in conjunction with the FrameWorks Institute shows that the American public has a high awareness of the issue of child abuse and neglect, as well as an understanding of the root causes and potential long-term effects of child abuse.

Unfortunately, perhaps because the American public tends to only think of child abuse and neglect as intentional and extreme, people feel powerless to do anything about it, either individually or systemically. When asked, "what do you think you could do to prevent child abuse and neglect?" the most common answer is "to report it." And, according to the study, the general public is reluctant to report child abuse because of the perception that the system does not respond effectively.

Learning about child abuse and reporting it are important, but that does not *prevent* children from suffering abuse in the first place. The Idaho Children's Trust Fund encourages all responsible adults to learn ways to support families with children so that abuse never occurs in a family. If we all do our part, child abuse can be prevented.

History

The Idaho Children's Trust Fund was established by an act of the state legislature in 1985 to promote child and family well-being in the state of Idaho. The legislature declared that there is a need to assist private and public agencies in identifying and establishing community-based educational and service programs for the prevention of child abuse and neglect. The Trust Fund makes grants, and provides training and technical assistance to programs throughout the state that work directly with children and their families. While located within state government, the Children's Trust Fund is a unique public-private partnership, receiving no state general funds.

Mission

The Idaho Children's Trust Fund supports efforts within the state that are designed to prevent the occurrence of child abuse and neglect.

Vision

Our vision is that all the children of Idaho are valued and develop in a safe and nurturing environment.

Governance

An independent board, created by state statute and appointed by the Governor, oversees fundraising, expenditures, and operations. The Trust Fund board includes governor-appointed members from the seven regions of the state, as well as three members appointed by the Idaho Attorney General, Superintendent of Public Instruction and the Director of the Department of Health and Welfare. Board members are citizen volunteers who are appointed because of their expertise in child and family issues. Staff members include an Executive Director and Grants Manager. Private citizens from throughout Idaho who sit on the board, or on a panel, steer the Trust Fund's course and award prevention grants for local community programs.



Idaho Children's Trust Fund 2005 Board Members

Region 1

James Herrmann
Business Owner
Sagle

Region 2

Jim Rehder
Retired, Dept. of Corrections
Cottonwood

Region 3

Al Sanchez
Northwest Nazarene University
Nampa

Region 4

R. Monte MacConnell
Retired
Boise

Region 5

Mary Marshall
South Central Head Start
Twin Falls

Region 6

Lynn Miner, *Board Chair*
Bright Tomorrows
Pocatello

Region 7

Janet Goodliffe
Madison School District
Rexburg

Attorney General's Office

Bill von Tagen
Intergovernmental and Fiscal Division

Department of Education

Russell Hammond
Bureau of Special Education

Department of Health and Welfare

Ed Van Dusen
Family and Community Services

Administration

Nancy Hausner, Executive Director
Margaret Hower, Grants Manager

2005 Grant Review Panels

Panel members are volunteers who review grant applications from their geographic region of the state, and make recommendations for funding to the board. Multi-Year Grant Panel members have expertise with the populations and issues targeted by Multi-Year Grant funding; Hispanic or Tribal families, families with a parent or child with a disability, rural communities, and respite services.

North

Jim Rehder – Cottonwood, *Board Member, Panel Chair*

James Herrmann – Sagle, *Board Member*

Sheila Farmin-Aumick – Sagle

Agnes L. Weaskus – Lapwai

Beth Davis – Post Falls

Brenda Hammond – Sandpoint

Susan Fifer – Lapwai

West

Al Sanchez – Nampa, *Board Member, Panel Chair*

Rebecca Lovelace – Nampa

Dolores Larsen – Weiser

Jerrimi Helmick – Fruitland

Richard Freund – Murphy

Brenda Cameron – Caldwell

Ada

R. Monte MacConnell – Boise, *Board member, Panel Chair*

Diane Stetcher – Boise

Jim Wilson – Boise

Lori Fascilla – Boise

Connie Davis – Eagle

Camille McCashland – Boise

Central

Mary Marshall – Twin Falls, *Board Member, Panel Chair*

Kiki Tidwell – Ketchum

Carlos Roundy – Rupert

Colleen Crozier – Jerome

East

Lynn Miner – Pocatello, *Board Member, Panel Chair*

Janet Goodliffe – *Board Member*

Judy DeRoche – Idaho Falls

MarDee Porath – Idaho Falls

Lee Smith – Idaho Falls

Bessie Katsilometes – Pocatello

Multi-Year Grant Panel

Russ Hammond – Boise, *Board Member, Panel Co-Chair*

Ed Van Dusen – Boise, *Board Member, Panel Co-Chair*

Hortencia Lemus – Nampa

Julie Kane – Lapwai

Shirley Kaiyou – Fort Hall

Ross Edmunds – Boise

Kim Kane – Boise

2005 Accomplishments

1985 – 2005 20th Anniversary Celebration

Our 6th annual conference was used as a forum to celebrate the 20th anniversary of the Idaho Children's Trust Fund. A banquet was held on the evening of April 14th at the Owyhee Plaza Hotel in downtown Boise. Speakers and honored guests at the banquet included First Lady Patricia Kempthorne, Senator Denton Darrington, Attorney General Lawrence Wasden, Parenting with Dignity founder Mac Bledsoe, and founding and past members of the ICTF board, including Ed Van Dusen, Marc Haws, Lowell Castleton, Robert Glaisyer, Larry Chase, Mary Reichman and Lorin Nielsen. The opportunity to visit with old friends and those new to the ICTF who all share the commitment to preventing child abuse in Idaho was the highlight of the evening.

(Continued on next page)



2005 Accomplishments Continued...

Outcome Accountability

The Idaho Children's Trust Fund defines Outcome Accountability as "identifying the positive changes that are expected for *participants* in programs, measuring the extent to which these changes did or did not occur, reporting this information to funders and other key constituencies, and using the results of the process to improve services." This evaluation component was implemented to ensure that programs funded by the Children's Trust Fund are setting and measuring appropriate outcomes for the families they serve. All of our funded programs show significant improvements in participants obtaining the outcomes of the project. Some of the outcomes reported by 2004 – 2005 grantee programs include:

- *Becoming a Love and Logic Parent Classes* sponsored by Independent School District #1 in Lewiston report that all parents in the class felt more in control of their parenting, felt they were now able to correct or discipline without anger, lecture, threats or warnings and knew they were able to set logical limits and expectations regarding their child's behavior.
- *Malad School District Parenting Classes and Dinner and Book Night* reached 301 families helping them to identify and implement age appropriate time outs, how to correct and redirect child without losing temper and how to practice positive parenting. The Dinner and Book nights reached many new families letting them know the support of the school and decreasing their isolation in the community.
- *Neighborhood Housing Services* in Boise, *Homeward Bound Program Parenting Classes* increased knowledge and self-esteem regarding parenting, improved parenting skills, increased access to community resources and stabilized and strengthened family units.
- *Parents Encouraging Parents On-Line Parenting Classes* reached 92 families. Six months after the completion of the class 100% of surveyed adults see an improvement in their relationship with their child, continue to use the discipline tips they were taught and see an increase in their knowledge and use of problem solving, conflict resolution and stress reduction strategies.
- In McCall Shepherd's Home *Respite Care ~ helping kids, supporting parents, strengthening communities* reported that parents who have utilized respite services report a 60% in awareness of community resources for help and they are 30% more likely to seek additional parenting help.
- Young Children and Family Programs *High Risk Parent Education Program* in Moscow and the surrounding area stated that 88% of parents found the home visits by the parent educator to be extremely useful, and 89% reported the strategies learned to positively guide child behavior to be extremely useful, and 100% stated they can trust their parent educator, decreasing their sense of isolation and hopelessness.
- St. Luke's Center for Community Health in Hailey, *Familias Saludables Program* offered parenting classes to Spanish-speaking families. 100% of parenting class participants stated they know more about being a better parent, have a greater sense of support in the community, and know more about appropriate alternatives, logical and natural consequences and enrichment activities.

Super Hero Award 2005

The Super Hero Award was created in 2002 by the Idaho Children's Trust Fund to honor those who volunteer with children and youth, and also to award and encourage organizations whose mission is to serve youth.

A Super Hero (according to the ICTF) is an adult mentor who volunteers with at-risk children or youth. For the past four years, the Children's Trust Fund accepted nominations of Super Heroes from non-profit organizations. The entries were read and judged by board members who chose the winning Super Hero based on the quality of mentoring, the length of time as a volunteer mentor, and other heroic qualities.

The Super Hero for 2005 was Kathleen Romito, a volunteer with Big Brothers Big Sisters of Southwest Idaho. According to her "Little Sister" Ashlea, "often when I'm talking to people about Kathleen, I forget she isn't my real big sister. She has been there for me so much, and I love her for it." Kathleen is a mentor who is so consistent, encouraging, and never wavering in her commitment to her friendship with her little sister. Kathleen exhibits the true spirit of being a mentor and Super Hero to Ashlea.

As the 2005 Super Hero, Kathleen received a beautiful gift and the satisfaction of knowing that she not only made a difference in the life of a child, but in Big Brothers Big Sisters of Southwest Idaho as well, because the organization received \$5,000!

ICTF "Board Award" for Child Abuse Prevention

2005 was the last year for the ICTF Super Hero Contest. The board voted to change to the ICTF "Board Award" for Child Abuse Prevention in 2006, awarding a \$5,000 prize to an organization, agency or individual that is working to prevent child abuse in Idaho in an innovative, creative way. Board Chair R. Monte MacConnell said that by making the change, "we are staying true to our mission of preventing child abuse before it ever occurs. We are excited to begin this new way of recognizing and honoring those folks who are dedicated to the prevention of child abuse."



Change in Grant Programs

Idaho Children's Trust Fund is continually looking at ways to improve service delivery to prevent child abuse and neglect. This year after much research we instituted major changes in our granting program structure. ICTF changed the Mini Grant Program to truly reflect its name. The maximum amount available for a grant is now \$2,500. These grants are easy to apply for and easy to report on. The funding is available for small projects that are able to make a significant difference in their local communities. This year we have 16 programs providing services ranging from parent education, to visits with new families in hospitals, to support groups for families with children with disabilities, to training for working with blended families. The change in the Mini Grant funding has allowed for programs that do not have the capacity to

apply for and implement a complex grant program, to have funds to offer services that quickly and directly impact families in their communities.

Beginning in 2005, ICTF offered Multi-Year Grants for the first time. The initial Multi-Year Grant cycle will run from 2005 through 2008. Based on previous year's research, grantee feedback, and focus groups with network members from around the state, these grants were developed to address unmet needs, to allow for more in-depth services to be provided by grantee programs using ICTF funding, and to assist programs in becoming sustainable and supported through their own communities. ICTF contracted with six programs for these inaugural Multi-Year Grants. The funding will be for \$40,000 over three year's time with successful completion of the previous year's outcomes.

2005 *Strengthening Families to Prevent Child Abuse and Neglect* Conference

Our 6th annual conference was attended by 225 people from Idaho and around the northwest. Participants attended sessions on the effects of trauma on parenting, keeping children safe from sexual abuse, respite services, using early childhood programs to prevent child abuse, shifting the attachment patterns of young children, preventing child abuse in youth sports, internet crimes against children, traditional indigenous parenting, and more! Besides attending educational workshops, participants also helped us celebrate our 20th anniversary and watched as Kathleen Romito of Big Brothers Big Sisters of Southwest Idaho accepted the 2005 Super Hero Award. Evaluations were exceptionally positive for the 2005 conference and we are grateful that so many professionals and parents chose to travel to Boise to learn about preventing child abuse.

2005 – 2006 Child Abuse and Neglect Prevention Grants

The Idaho Children's Trust Fund awarded grants totaling over \$ 147,000 to the following community-based programs for fiscal year 2005 - 2006. Grant funding comes from the voluntary state income tax donation program, individual and business contributions and a federal *Community Based Child Abuse Prevention* grant.

MINI GRANTS

General child abuse prevention grants awarded for a 12-month period for a maximum amount of \$2,500.

North Region

Moscow:

Gritman Medical Center / FIRST STEPS Program

FIRST STEPS is a nationally recognized child abuse prevention program offering parenting support, education and referral resources to all parents. The process includes a specially trained volunteer that visits in the hospital birthing center with the parents and provides them with an educational Expecting Baby or Welcome Baby packet filled with information, community resources, a developmental calendar, a child's book, song booklet and book of rhymes. The volunteer offers three months of follow-up information to parents via phone calls and mailings.

Coeur d'Alene:

ICARE, Children and Family Advocacy Center / Love & Logic Parenting Classes Love & Logic Parenting Classes will be offered to the rural areas of Athol, Hauser, Post Falls, Rathdrum and Spirit Lake.

Parents Reaching Out to Parents / Abuse and Neglect Awareness Program for High-Risk Families This project will help families of children who have disabilities (physical, mental, emotional) be aware of the many types of abuse and neglect that take place in their day-to-day living. Groups for family members will provide support and enhance the community resources and services that are available.

West Region

No applications received.

Ada Region

Boise:

Family Advocate Program / CASA Training for Volunteer Attorneys This project will provide a series of three training sessions for attorneys who want more knowledge about the Child Protection System (CPS) in order to recruit volunteer attorneys for the Court Appointed Special Advocate (CASA) Program.

Idaho's Heart / Idaho Child Abuse Prevention Coalition Blue Ribbon Campaign This project will fund the Blue Ribbon Campaign during April; National Child Abuse Prevention Month. The blue ribbon will be attached to a card



explaining the significance of the ribbon and tips for preventing child abuse.

Neighborhood Housing Services / Homeward Bound

NHS will purchase a curriculum for parenting classes for its Homeward Bound families. Homeward Bound provides transitional housing and supportive services to homeless and at-risk families. A key component of the program is providing parents with the skills and resources they need to raise healthy children.

Jackie Matlick / Facilitator Training for the

Nurturing Parenting Program This project will provide a three-day facilitator training to interested individuals who will then be prepared to deliver the Nurturing Parenting Program to consumers. The Nurturing Parenting Program is a research-based child abuse prevention parent education and family skills training.

St. Michael's Episcopal Church / Promoting

Maternal Mental Health During Pregnancy: Community Collaboration & Training This will fund a program of pre-service and in-service training for professionals and paraprofessionals who work with pregnant women, infants and families at Baby Steps and partner agencies, focusing on maternal mental health.

Central Region

Twin Falls:

Magic Valley Regional Medical Center / NuParent

Developmental Program This project will expand NuParent services to the Hispanic community in collaboration with South Central Head Start / PAT Programs. NuParent Developmental is a unique parent and child educational/developmental program that encourages parents to bond with their children while honoring cultural diversity.

South Central Head Start / Nurturing Fathers

Program Three sessions of the Nurturing Fathers Program will be offered to Head Start dads and the general community in order to cultivate and support male nurturance for children and reduce child abuse. One session will be for Spanish speakers, and all attendees will receive one CSI college credit in the field of Early Childhood Education.

Buhl:

Donna Stalley & Kathy Waggoner / Teaching Nurturing Parenting Skills to Families The Nurturing Parenting Program provides training on developmental expectations, empathy, behavior management and self-awareness in order to encourage appropriate behaviors. The facilitators will hold classes for high-risk families in the Buhl area.

Hailey:

St. Luke's Center for Community Health / Familias Saludables (Healthy Families) The project provides free parenting education and resources to Spanish speaking persons in the Wood River Valley through parenting classes and an annual health fair.

East Region

Driggs:

Aspen Center Rehabilitation and Counseling / The Parent Project Parent Project helps parents reduce family conflict, improve school performance and attendance, identify and intervene with drug/alcohol use, intercede in negative peer associations, set more effective limits and apply appropriate consequences.

Family Safety Network / Baby & Me for Young

Moms y Madres Latinas Baby & Me is an educational support group providing knowledge to new mothers about how to both physically and emotionally care for their babies. Sessions will be offered in both English and Spanish. Baby & Me is a prevention program that raises awareness to keep abuse and neglect from occurring for the first time in a family by focusing on age-appropriate parenting.

Preston:

Franklin County Medical Center / Shaken Baby Prevention Program This project will address Shaken Baby Syndrome through early education of new and soon-to-be parents. A night class covering this information will be added to the hospital's already existing Childbirth Education classes.

Pocatello/Chubbuck:

Head Start / Second Choices: Systems and Tools for Working with Children & Blended Families This is a two-day symposium with the objective of making area agencies and parents aware of

the unique needs of stepfamilies, as well as the enormous number of families in the area with these needs. They will learn which families are at higher risk for domestic violence, child abuse and neglect. The value of father involvement will also be stressed. Attendees will be given information to assist in serving this population, as well as resources for additional training.

MULTI-YEAR GRANTS

Child abuse prevention projects that will be funded for three years while working toward sustainability.

Tribal Category / Disability Category

Moscow:

Families Together for People with Disabilities /

Native American Parent Education Project This project will develop and implement a Parent Education program for Native American parents who have a young child with a disability and a behavior disorder to provide parents training on behavior management and parenting the challenging child. The education program will be developed in conjunction with the Nez Perce Tribe so that all services will be culturally appropriate.

Hispanic Category

Idaho Falls:

Help Inc., Child Abuse Prevention Center / El Valor

de los Padres (The Value of Parents) This project is an innovative program combining teaching Spanish-speaking parents English as a Second Language (ESL) with parenting support and information to prevent child abuse and neglect. The designed curriculum is meant for school districts to implement as a statewide model.

Nampa:

Open Arms Baby Boutique

The Open Arms Baby Boutique is an incentive and education program for limited-income families designed to improve the health of new babies and mothers and to provide education on parenting, fatherhood, nutrition and additional parenting topics. The Boutique serves as a community center and support system for the new mothers and their families.



Respite Category

McCall:

Shepherd's Home, Inc. / Parenting Partners ~

Building Stronger Families with Respite, Education and Support This is a three-year, three-part program that will prevent child abuse and neglect by providing a network of support for struggling parents. Part one provides parents with access to no-cost, high-quality respite care for the children; part two provides parenting tools and skills for parents through education, and part three provides rural parents with an ongoing source of support through newsletters, a resource library, and the formation of local parenting support groups.

Rural Category

Coeur d'Alene:

Panhandle Health District 1 / High-Risk Infant

Toddler Home Visiting Program This essential child abuse and neglect prevention program will serve families in the five northern rural counties of Idaho. Experienced Public Health Nurses provide home visits to families of infants and toddlers identified as medically fragile, developmentally delayed, at-risk for abuse or neglect, or who were born prematurely. The home visits provide parents with education, information and resources to help build healthy families.

Moscow:

Young Children and Family Programs of the Palouse (YCFP) / High-Risk Parent Education

High Risk Parent Education is an intensive home visiting service for families with children prenatal through age 13 most at-risk for abuse and neglect. Services will be enhanced by consultation with a local psychologist and a library of parenting videos.

ICTF Financial Report

The Department of Health and Welfare, under the direction of the Idaho Children's Trust Fund Board, is responsible for the management and accounting of funds in the Trust account. The following is a summary of the financial activities of the Trust Fund account in SFY 2005 (July 1, 2004 – June 30, 2005). By state statute, up to half of the funds generated by income tax return donations, along with 75% of the amount generated by other sources, may be expended for grants. Half of the funds generated by the income tax donations, and 25% of other income must be deposited into the Children's Trust Fund Endowment Account in order to generate interest earnings to be used for future grants.

Source of Funds	
Cash on Hand, July 1, 2004	\$81,566
<i>Deposits</i>	
Cash and Special Donations	\$31,767
Tax Return Donations	\$90,625
Interest Earned	\$44,262
<i>Total Deposits</i>	<i>\$166,654</i>
Total Funds Available, SFY 2005	\$248,220
Application of Funds	
<i>Disbursements</i>	
Personnel	\$50,151
Trust Fund Grants & Awards	\$141,637
Transfer to Endowment	\$14,132
Other	\$2,391
<i>Total Disbursements</i>	<i>\$208,311</i>
Cash on Hand End of Year (June 30, 2005)	\$39,909
<i>Balance June 30, 2005</i>	
Endowment Account	\$1,047,154
Cash on hand	\$39,909
Total Amount in Children's Trust Fund (June 30, 2005)	\$1,087,063

2004-2005 Contributors

Your gift to the Idaho Children's Trust Fund is an investment in the future of our state. We appreciate your help as we work to support families and keep Idaho's children safe from abuse and neglect.

Alpha Delta Kappa, Zeta
Chapter in memory of
Elizabeth Coryell

AJ & Susie Balukoff

David Butler

Anita Campbell

Bruce Castleton

David Giles

Janet Goodliffe

Vivien Hall

Russ Hammond

Mickey Harmer

GT & Nancy Hausner

James & Judy Herrmann

Margaret & Timothy Hower

Idacorp Employees'
Community Service Fund

Idaho Community Foundation,
Gladys W. Langroise
Advised Fund

Idaho Women's Charitable
Foundation

June Judd

Larry Barnes Foundation

Monte & Mary MacConnell

Marion Manolas

Mary Marshall

Susan Miller

Lynn & David Miner

Ray Payton

Mardee Porath

Jim & Sally Rehder

Al Sanchez

Robert Sobotta

Ferne Studebaker

Sharon Tanner

Tidwell Foundation

Ed Van Dusen

Catherine Van Dusen

Bill & Linda von Tegen

Weyerhaeuser Company
Foundation

Thank You!

We would like to thank the thousands of Idahoans who donated so generously through their Idaho State Income Tax forms. We are not able to learn your names, but please rest assured that your contribution is greatly appreciated.



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